Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claim 1. (Original) A deformation resistant power pedestal assembly comprising:

a hollow rectangular post formed of a polyester cloth veiled fiberglass reinforced resin, said post having spaced apart load bearing walls defining an exterior surface, an interior surface, a first open end and a second open end;

a structure reinforcing cap, constructed and arranged for insertion within said first open end, whereby said insertion causes said structure reinforcing cap to frictionally engage said interior surface of said post and substantially prevent movement of said exterior surface; and

retention means constructed and arranged for retaining said cap within said post;

whereby said load bearing walls are maintained in said spaced apart position subsequent to mounting thereon of one or more power boxes or the like having a weight up to 18 times the weight of said power pedestal assembly.

Claim 2. (Original) The power pedestal assembly of claim 1 wherein said cap provides closure to said first open end.

Claim 3. (Original) The power pedestal of claim 1 wherein said retention means include a plurality of fasteners for simultaneously engaging said cap and said load bearing walls whereby removal of said cap is prevented.

Claim 4. (Original) The power pedestal of claim 1, further including at least one mounting surface extender, said surface extender having a first surface and a second surface, said first surface constructed and arranged for removable engagement with said exterior surface and said second surface constructed and arranged to provide increased surface area so as to provide increased mounting area.

Claim 5. (Original) The power pedestal assembly of claim 1 including at least one additive to provide resistance to ultraviolet radiation.

Claim 6. (Original) The power pedestal assembly of claim 1, wherein the resin is an isophthalic polyester resin containing a UV inhibitor and from about 56.5% to about 61% glass by weight.

Claim 7. (Original) A process for providing above-ground support of appurtenant structures comprising:

providing a pedestal assembly including a hollow

rectangular post formed of a polyester cloth veiled fiberglass reinforced resin, said post having spaced apart load bearing walls defining an exterior surface, an interior surface, a first open end and a second open end, said assembly further including a structure reinforcing cap, constructed and arranged for insertion within said first open end, whereby said insertion causes said structure reinforcing cap to frictionally engage said interior surface of said post and substantially prevent movement of said exterior surface and retention means constructed and arranged for retaining said cap within said post;

directly implanting said pedestal assembly within the ground to a depth of between about 30" and 36"; and

attaching thereto at least one appurtenant structure via through-bolts;

whereby said load bearing walls are maintained in said spaced apart position subsequent to mounting thereon of said at least one of said appurtenant structures having a weight up to 18 times the weight of said power pedestal assembly.